

IMMUNITY ■ ENERGY ■ POWER

The world we live in has changed. Staying healthy is more important than ever before. Your immune system is your first line of defense. A strong immune system needs powerful nutrition. Keep your immune system at peak performance year-round with Defend.

Powered with essential vitamins B₁₂, C, D and Zinc to contribute to the normal function of the immune system and vitamins B₃, B₁₂ and C to contribute to normal energy-yielding metabolism, reduction of tiredness and fatigue, and normal psychological function. Vitamin C and Zinc also contribute to the protection of cells from oxidative stress.

- Under 5 kcal per serving
- Irresistible berry flavour



Defend includes a proprietary blend of scientifically supported ingredients!



Essential vitamins B₁₂, C, D and Zinc to contribute to the normal function of the immune system



Science based plant compounds in a proprietary blend of European Black Elderberry, Echinacea and Larch



Natural caffeine from Green Tea to increase alertness



Defend and Energise Every Day!

Carefully crafted with absolute, unwavering commitment to quality, without compromise.

SUGGESTED USE: Mix one stick (3g) with 240mL of water. Enjoy!

Each serving contains 100mg of caffeine.

Store in a cool, dry place away from direct sunlight, and out of the reach of children. See base for best by date.

CAUTION: Do not exceed the recommended daily portion. Food supplements should not be used as a substitute for a varied diet. A varied and balanced diet and a healthy lifestyle are important. Not recommended for children or pregnant or breast-feeding women. Consult your doctor before use if you have a medical condition and/or taking prescription medication.



Nutrition Information		
Serving Size: 1 Stick (3g)		
	Per 100 g	Per 1 Stick (3g)
Energy	440 kJ / 105 kcal (5%)	13 kJ / 3 kcal (0%)
Fat	0 g (0%)	0 g (0%)
of which saturates	0 g (0%)	0 g (0%)
Carbohydrate	33 g (13%)	1 g (0%)
of which sugars	4.3 g (5%)	0.1 g (0%)
Protein	2.3 g (5%)	0.1 g (0%)
Salt	0.02 g (0%)	0.00 g (0%)
Vitamin D	1,600 µg (32,000%)	50 µg (1,000%)
Vitamin C	33,000 mg (41,250%)	1,000 mg (1,250%)
Vitamin B₃ (Niacin)	530 mg (3,313%)	16 mg (100%)
Vitamin B₁₂	200 µg (8,000%)	6.0 g (240%)
Zinc	490 mg (4,900%)	15 mg (150%)
U DEFEND BLEND		770 mg (**)
European Black Elderberry fruit juice concentrate and extract blend, Larch arabinogalactan, Echinacea extract		
Caffeine extracted from Green Tea		100 mg (**)
Ingredients: L-Ascorbic Acid, Natural Berry Flavouring with other natural flavourings, Arabinogalactan extracted from larch (Larix sp., heartwood), European Black Elderberry (Sambucus nigra, fruit) extract and juice concentrate, Echinacea (Echinacea purpurea, herb) extract, Caffeine extracted from green tea (Camellia sinensis, leaf), Salt, Sweetener (Stevia Leaf - Steviol Glycosides), Thickener (Guar gum), Nicotinic Acid, Zinc Gluconate, Cholecalciferol, Methylcobalamin		
* Reference intake of an average adult (8400 kJ / 2000 kcal).		
** No reference intake has been established.		

Distributed by: Revital U Ltd, 165 Fleet Street, London, EC4A 2DY, United Kingdom

For Added Benefits, Combine With These Scientifically Formulated Revital U Products



Smart Coffee

Our best selling product with natural caffeine to increase endurance capacity, increase alertness and improve concentration.



Smart Caps

Power-packed and convenient. All the benefits of the core ingredients of Smart Coffee in 100% vegetable capsules.



SLM Tea

A proprietary blend of scientifically supported ingredients enhanced with plant extracts, our soothing tea works gently overnight.