

revital 

revital U Coffee Ingredients

Ingredients

Alpha-Glycerol Phosphoryl Choline

Recognized as a safe and healthy natural choline ingredient, Alpha-GPC encourages brain alertness and memory function. It is also a critical nutrient for muscle tone and helps with body shaping.*

Alpha GPC is a water-soluble choline ingredient. Choline is important in growth and early development, and beyond those stages, it is important for optimal functioning of our brain and liver. The composition is similar to that of B-vitamins. Most people report greater mental clarity and the ability to learn new

things increases. It is generally held that 90 percent of the population does not get recommended daily allowance of choline through dietary sources. This basically means almost every person you pass on the street is likely a candidate who could benefit from using Alpha GPC.*

Caffeine

Caffeine is the most recognized ingredient associated with coffee. It's a natural occurring stimulant found within the coffee bean. Over the last few years, many positive health benefits of caffeine have been identified, such as providing more energy, sharper memory, increased athletic performance and longevity.*

These benefits have been recognized by the National Coffee Association and accepted in the nutritional field as a support for a healthy lifestyle.*

However, everyone's body has a different tolerance to caffeine. Science has said that certain people are fast metabolizers, while others are slow, depending on factors, such as body chemistry. To receive the full health benefits, one must become an educated coffee drinker and develop their own personal taste and tolerance.*

Caffeine may stimulate thermogenesis, which is one way your body generates heat and energy. Because the thermogenic effect generates heat, thermogenesis burns calories, according to Elisa Zied, a registered dietitian in New York City and author of "Nutrition at Your Fingertips." Caffeine may also help with weight management.*

Chromium Polynicotinate

Most of us aren't getting enough chromium due to the lack of it in our soil and water. Many of us also have a diet high in processed foods, white flour and junk food. Chromium regulates insulin, which helps reduce sugar and carbohydrate cravings.*

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Chromium polynicotinate has been shown to possess high biological activity. Chromium is a mineral required for regulation of blood sugar. It is involved in the metabolism of glucose and is essential for energy and weight management.*

Juglans Regia Bark Extract

An isomer, which is closely related to Octodrine, has been included in the formula to get the “full-spectrum” effect of nootropic ingredients. With a different nutritional structure, this extract works in harmony with Octodrine to greatly increase and sustain the nootropic effect.*

L -Theanine

Known as the "feel-good" amino acid, science shows that L-Theanine provides and assists with the calming effects on the brain, by nutritionally increasing the levels of serotonin and dopamine. It naturally provides a relief from anxiety and stress, which is a common cause for overeating and weight gain. L-Theanine is thought to weaken the negative side effects of caffeine. It's often used as part of a stack, "Caffeine plus L-Theanine" and is one of the world's most popular nootropic stacks. L-Theanine is an amino acid that purportedly provides assistance with stress and anxiety. The amino acid is derived from tea leaves. L-Theanine is not common in a standard diet - which is why most us get our L-Theanine content from supplements and our diet (it's found in green tea, for example).*

Nettle Root Extract

Protecting the cell membrane structure and keeping cholesterol in balance is an important step in maintaining good health. The Nettle Root Extract is a plant based herbal extraction that aids with retaining healthy blood sugar levels.

This ancient herb assists and supports the body in maintaining good cholesterol by influencing how the body responds to sugar and nutritionally balances the cholesterol ratio.*

Octodrine

This ingredient is believed to be effective in the breakdown of fat cells and weight management. Containing beneficial properties, octodrine may effectively help boost and support the body through a natural balancing process of various metabolic functions.*

It is also believed to enable anabolic response, which may help burn fat and control weight. Additionally, it may improve athletic performance and help improve mental focus and clarity.*

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Octopamine

When you increase the body's metabolism, it results in helping the body burn calories and in the loss of body weight. Octopamine, which is found naturally in various foods, provides support and activity in fat metabolism.*

It also may also stimulate Beta-3 Adrenergic Receptor, which is responsible for lipolysis (fat breakdown), and thermogenesis (fat burning).*

PEA (Phenylethylamine HCL)

Found in the plant kingdom, this ingredient functions as a neurotransmitter for the internal body communication providing the road for a better balanced system.*

Originally found in chocolate, it supports and promotes the feeling of fullness and satisfaction. Additionally, it stimulates neurotransmitters by releasing dopamine, improves mood, and increases alertness, focus and concentration.*

Select 100% Arabica Coffee

A premium coffee extract and spray dried coffee. Freeze concentrate yields great aroma and coffee body. The process helps the coffee deliver a potent blend of polyphenols which thwart oxidative stress. The highest quality and best tasting instant coffee in the world.*

Vinitrox™ (Fruit Extracts)

A combination of apple and grape extracts that produce a synergistic effect to increase Nitric Oxide levels in the body for healthy blood vessels, circulation and blood flow. It helps enhance performance and increases endurance. Vinitrox is also a powerful antioxidant.*

Good Manufacturing Practices:

All revital U products are US manufactured. To meet our high standard requirements, all facilities follow strict FDA and NSF regulations, as well as the classification seal of cGMP. From start to finish, each product is carefully crafted and the highest rated ingredients are selected, to assure we provide you with purity in every cup!

Supplement Facts			
Serving Size 1 Stick (2.25g)			
Servings 30 Per Container			
Amount / Serving	%DV*	Amount / Serving	%DV*
Calories	10	SMART COFFEE BLEND †	2.2g
Total Carbohydrate	1g 1%	100% Arabica Coffee, L-Theanine, PEA (Phenylethylamine HCL), Vinitrox™ (Apple & Grape Polyphenols), Octodrine, Alpha-Glyceryl Phosphoryl Choline (A-GPC), Juglans Regia Bark Extract, Nettle Root Extract, Octopamine	
Protein	<1g 1%		
Chromium (As Chromium Polynicotinate)	200mcg 167%		
Caffeine	100mg		

* Percentage Daily Value based on a 2000 calorie diet. All trademarks are property of their respective owners.
 † Daily Value not established.

WARNING: KEEP OUT OF THE REACH OF CHILDREN. Use only as directed. DO NOT exceed recommended serving, it will not improve results. Not intended for use by persons under age 18, pregnant or nursing women. Consult your doctor before use if you have a medical condition and/or taking prescription medication. DO NOT use this product if you are at risk or being treated for high blood pressure, heart, kidney, thyroidor psychiatric disease, anxiety, depression seizure disorders or stroke. Discontinue use and consult your doctor immediately if you experience any adverse symptoms. Not WADA compliant.

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