FREQUENTLY ASKED QUESTIONS

# SMART CAPS





UNITED STATES July 2022

## **SMART CAPS**



### **SUGCESTED USE:** Take one capsule per day with or without food. Enjoy!

Supplement Facts Serving Size: 1 Capsule				
Amount/Serving		%DV**	Amount/Serving %	%DV**
<b>Niacin</b> (as Niacinamide)	20mg	125%	SMART CAPS BLEND 569mg   Appetite = Energy = Focus 569mg	
Chromium 200mcg 571% (as Chromium Chloride)		571%	Natural Caffeine (150mg) from Green Coffee Bean Extract, L-Theanine, Green Tea (leaf) Extract (catechin oligomers), Choline CDP, Grape & Apple Polyphenols (Vinitrox <sup>TM</sup> ), Coffee Arabica (fruit) Extract, Rhodiola Rosea (root) Extract Garcinia Cambogia (fruit) Extract, Saffron (stigma) Extract	
**Percentage Daily Value based on a 2,000 calorie diet.			† Daily Value not established. All trademarks are property of their respective owners.	

**Other Ingredients:** Vegetable Capsule (cellulose and water), Calcium Silicate.

## **FREQUENTLY ASKED QUESTIONS**

#### WHAT ARE THE BENEFITS OF TAKING SMART CAPS?

Smart Caps has helped individuals experience ease in weight management, have more overall energy and improved mental focus. Please keep in mind, results vary from person to person.\*

#### WHAT MAKES SMART CAPS DIFFERENT?

Smart Caps are made with a collection of scientifically supported ingredients and nutrients to yield health and wellness results. Smart Caps combine 11 bio-optimized ingredients to promote benefits such as curbing appetite, increasing focus and mental clarity.\*

#### WHAT IS THE BEST WAY TO TAKE SMART CAPS?

You can enjoy one to two Smart Caps per day with or without food and 4 to 8 ounces of water. When taking Smart Caps, we recommend to restrain from drinking alcohol, consuming food or drink containing caffeine, or taking any other stimulants.

#### WHEN IS THE BEST TIME TO TAKE SMART CAPS?

Smart Caps can be taken at any time of the day, but we recommend taking it in the morning, with or after your breakfast. Also, remember to drink plenty of water throughout the day to stay hydrated.

#### ARE SMART CAPS APPROVED BY THE FDA?

All of our products are manufactured following GMP (Good Manufacturing Practice) standards for dietary supplements.

#### **ARE SMART CAPS GLUTEN-FREE?**

Smart Caps do not contain any gluten contributing ingredients.

<sup>\*</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

#### WHERE IS THE PRODUCT MANUFACTURED?

All Revital U products, including Smart Caps, are manufactured using state-of-the-art technology and at reputable manufacturing facilities, in the U.S., following the highest standards for product purity, safety and compliance.

#### WHAT ARE THE SMART CAPS CASING MADE OF?

The casing of Smart Caps are made from plant fibers and cellulose (found in fruits and vegetables). There are no animal products used.

#### HOW LONG DOES A BOX OF SMART CAPS LAST?

Each box of Smart Caps contains 30 servings. When using the recommended serving of one to two capsules per day, your box should last 15-30 days.

#### HOW LONG SHOULD I WAIT UNTIL I SEE RESULTS?

Time and results may vary based on the individual. You may begin feeling increased physical and mental energy after only one serving. Other benefits, like ease in weight management, may be noticed over a longer period of time.\*

#### WHAT IS THE MAXIMUM NUMBER OF CAPSULES I CAN TAKE IN A DAY?

You can enjoy one to two Smart Caps per day with or without food and 4 to 8 ounces of water. When taking Smart Caps, we recommend to restrain from drinking alcohol, consuming food or drink containing caffeine, or taking any other stimulants.

#### CAN I TAKE A SMART CAP AND DRINK SMART COFFEE TOGETHER?

We do not recommend taking our Smart Caps simultaneously with our Coffee. You can take a Smart Cap in the morning with your breakfast and then drink our Coffee at least four hours later.

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#### CAN I TAKE SMART CAPS WITH MY REGULAR CUP OF COFFEE?

We do not recommend consuming our Smart Caps at the same time as other caffeinated products. One capsule contains 150 milligrams of caffeine, about the same as one large 12-ounce cup of regular coffee. However, you can enjoy your regular coffee at a different time during the day or make a decision based on your own caffeine tolerance.

# I DON'T HAVE CAFFEINE ON A DAILY BASIS. SHOULD I TAKE THE USUAL SERVING?

If you are sensitive to caffeine, please be aware that one Smart Cap contains 150 milligrams of caffeine, the equivalent of a large 12-ounce regular coffee. If this product is too strong for you, we recommend you check out our other products such our Smart Coffee or Smart Cocoa, which can have customized servings.

#### CAN MY ADOLESCENT CHILD TAKE SMART CAPS?

revital U Smart Caps are not intended for individuals under the age of 18.

#### ARE SMART CAPS SAFE TO USE LONG-TERM?

We are not aware of any negative effects associated with ongoing use of our product when it is used as directed. We recommend that you consult with your physician, if you have any concerns about taking this product.

#### CAN I TAKE SMART CAPS WHILE ALSO BEING ON MEDICATION?

We recommend customers to take our ingredients list and consult with their physician. Like any other product, there are possible interactions when mixed with medication.\*

#### CAN I TAKE SMART CAPS IF I AM PREGNANT OR NURSING?

No, we do not recommend this product for pregnant or nursing moms.

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