

Frequently Asked Questions

DEFEND

IMMUNE SUPPORT PLUS



United States
January 2021

revital 
The Sample First Company®

DEFEND



Supplement Facts

Serving Size: 1 Stick (3g)
Servings Per Container: 30

	Amount Per Serving	%DV
Calories	5	
Total Carbohydrate	1g	<1%**
Vitamin C (as Ascorbic Acid)	1,000mg	1,111%**
Vitamin D ₃ (as Cholecalciferol)	50mcg/2,000 IU	250%**
Vitamin B ₃ /Niacin (as Nicotinic Acid)	16mg	100%**
Vitamin B ₁₂ (as Methylcobalamin)	6mcg	250%**
Zinc (as Zinc Gluconate)	15mg	136%**
Sodium	40mg	2%**
U DEFEND BLEND	770mg	†
European Black Elderberry (<i>Sambucus nigra</i>) fruit juice concentrate and extract blend, Larch (<i>Larix</i> sp.) heartwood arabinogalactan, Echinacea (<i>Echinacea purpurea</i>) herb extract		
Natural Caffeine from Green Tea (<i>Camellia sinensis</i>) leaf extract	100mg	†

**Percent Daily Values (DVs) are based on a 2,000 calorie diet.
†Daily Value (DV) not established.

SUGGESTED USE: Mix one stick (3g) with 8oz / 240mL of water. Enjoy!

Each serving contains 100mg of natural caffeine.

Store in a cool, dry place away from direct sunlight.

CAUTION: This product is not intended for use by children, pregnant or nursing women. Consult your doctor before use if you have a medical condition and/or taking prescription medication.

Other Ingredients: Natural Flavors, Sea Salt, Stevia Leaf Extract, Guar Gum, Monk Fruit Extract

Distributed by: Revital U International, LLC.
5830 Granite Parkway, Suite 110, Plano, Texas 75024

What is DEFEND?

DEFEND is an everyday use immune support supplement that energizes as it defends. It can empower your immune system to protect you with*:

- Essential vitamins C, D and Zinc to strengthen your natural defenses.
- European Black Elderberry, Echinacea and Larch to stimulate immune response.
- B vitamins and Green Tea caffeine for energy.

How should I use DEFEND?

Mix one stick (3g) with 8 ounces (240ml) of water. Stir until dissolved. DEFEND can be enjoyed one to two times per day to defend and energize you every day. You can also mix 2 sticks (2 servings) in a standard 16 oz. bottle of water*.

What does DEFEND taste like?

DEFEND has an irresistible sweet berry flavor with no sugar and only 5 calories per serving!

What is the best time of the day to take this product?

DEFEND can be taken ANY time of the day! Many people enjoy DEFEND as a lunchtime beverage or as afternoon refreshment.

Can I take 2 servings in a day?

Yes. You can enjoy one to two servings of DEFEND every day.

How many calories in each serving of DEFEND?

Each serving of DEFEND contains only 5 calories.

Does DEFEND contain sugar?

DEFEND is completely sugar free. It uses a combination of natural stevia leaf extract and monk fruit extract to sweeten.

How much vitamin C is in DEFEND?

Each serving of DEFEND provides more vitamin C than 10 oranges - 1,000mg.

Can I use DEFEND with other Revital U products?

Yes, DEFEND has been formulated to be used in conjunction with any of the Revital U products.

Is there any caffeine in DEFEND?

Each serving of DEFEND contains 100 milligrams of natural caffeine from Green Tea leaf extract, which is similar to the amount found in an 8-ounce cup of regular coffee.

Is DEFEND gluten free?

Yes, DEFEND is gluten free. It also does not contain dairy, eggs, fish, crustacean, shellfish, tree nuts, peanuts, soybean or wheat ingredients.

Can children take DEFEND?

DEFEND is not intended for children.

Can pregnant & breastfeeding women take DEFEND?

As with any other herbal or dietary supplement, we do not recommend this product for pregnant or nursing moms unless directed by your physician.

Can I take DEFEND if I am taking prescription medications?

Please consult with your physician before use to check whether DEFEND can be taken with your specific medication.

What is the pH or acidity level of DEFEND?

The pH of DEFEND when mixed with 8 oz. of water is 3.64, which is very similar to normal pH range for fruit juices. Orange juice is slightly more acidic at about 3.9 pH whereas berry juices are at around 3.78 pH.



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